



Good News!

Please Read Before You Decide You Are Not Eligible to Give Blood

The following will guide you regarding eligibility to donate blood.

- ✿ Use of aspirin, motrin, or anti-inflammatory medication is acceptable.
- ✿ Use of blood pressure medication is acceptable if your blood pressure is not over 180/100 at the time of your donation.
- ✿ Usually the use of diabetic, birth control and hormone pills is acceptable.
- ✿ Body piercing: Inquire with the charge nurse at the blood drive.
- ✿ Tattoos cause deferral for one year after application of the tattoo.
- ✿ Cold sores and fever blisters: These conditions do not cause deferral if the sores have healed.
- ✿ Shingles do not cause deferral if the sores have healed.
- ✿ Use of anti-depressant medications does not cause deferral.
- ✿ Arthritis medications generally do not cause deferral.
- ✿ Acutane, Proscar and Propecia use will cause deferral. Please do not donate if you are using any of these medications.
- ✿ Recent immunization or vaccinations will be referred to the charge nurse. Most vaccines do not cause a deferral.
- ✿ Living in traveling to the United Kingdom for more than three months from 1980 through 1996 may result in a deferral.
- ✿ Any cold symptoms; runny nose, sore throat or cough will cause deferral. Need to be symptom free for 3 days.

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